



"Remembering the PledgeDelivering the Promise!"

**NATIONAL HEALTH & WELLNESS LINKAGES PROGRAM
Diane Scott, Western Area Chair**



Heart Links: Cardiovascular Disease Grant

The Links, Incorporated, in partnership with the University of California, Davis (UC Davis) Women's Cardiovascular Medicine Program (WCVMP), was awarded a "National Faith-Based and National Community Cardiovascular Disease Prevention Programs for High-Risk Women" grant from the Office of Women's Health of the Department of Health and Human Services. This grant is to provide women with a seamless, state-of-the-art, multidisciplinary, community-based cardiac disease prevention program that comprehensively address the cardiovascular needs of women.

The Sacramento Chapter of The Links, Incorporated is one of ten Link Chapters chosen to participate in this program.

The program will consist of four phases of implementation: Phase I - Program Planning, Development and Recruitment; Phase II - Counseling Sessions, Phase III - Maintenance Sessions, and Phase IV Program Evaluation/Write-Up. Participants will be expected to participate in the counseling and maintenance phases of the program. The leadership of UC Davis, and The Links, Inc., our joint partners, and outstanding key personnel participating in this proposal are committed to women's health, improving diversity, attaining improved health outcomes, and gender-based cardiovascular biology. We are thus uniquely positioned to offer a multidisciplinary and interactive approach to provide broad and in depth education, risk modification, and focused expertise in women's heart care to high-risk women.

Resources: For additional information on this The Women's Cardiovascular Health Grant, please contact a Program Coordinator:

Link Delores Covington at (916) at (916) 683-1600 or
Link Barbara Nash at (916) (916) 683-3955