



Linked in Friendship, Connected in Service

Seize The Moment...Strengthen The Chain

**WESTERN AREA
THE LINKS, INCORPORATED**

PROGRAMS

NATIONAL TRENDS AND SERVICES FACET

AARP Are You Ready? Program

The Links, Incorporated has partnered with AARP for the ***Are You Ready?*** program. Presented as ***The Links Academy***, the components of this program are Health and Wellness, Financial Literacy, Health Reform, Care Givers, and Retirement Planning. This innovative, comprehensive program provides tools and resources to support African-American women who are either preparing for life as they age or are currently dealing with the aging process. The program includes components for preventative measures during each specific life stage and provides health, wellness and financial support and services to the 50+ community.